



Basic Life Support for Healthcare Providers Instructor Course Fact Sheet

Purpose

The purpose of the Basic Life Support for Healthcare Providers Instructor course is to train instructor candidates to teach the American Red Cross basic-level Basic Life Support for Healthcare Providers course. Instructor candidates who successfully complete this instructor course will be eligible to teach both the instructor-led, or classroom, and blended learning basic-level courses.

Course Prerequisites

To participate in the Basic Life Support for Healthcare Providers instructor course, instructor candidates must:

- Be at least 16 years of age on the last day of the instructor course.
- Possess a current American Red Cross Basic Life Support for Healthcare Providers certification
- Obtain all instructor and participant materials before entering the first session of the instructor course including:
 - *Basic Life Support for Healthcare Providers Instructor's Manual*
 - *Basic Life Support for Healthcare Providers Handbook*
 - Course Presentations for the Basic Life Support for Healthcare Providers program or the *Basic Life Support for Healthcare Providers DVD*

Learning Objectives

At the conclusion of the Basic Life Support for Healthcare Providers Instructor course, instructor candidates should be thoroughly familiar with the program materials and should be able to:

- Exhibit the characteristics required of an American Red Cross representative and role model.
- Successfully perform basic life support skills at an appropriate skill level.
- Plan, organize and conduct individual course components for the Basic Life Support for Healthcare Providers program including lecture, skill demonstration and practice, activities, and scenarios.
- Monitor participants' practice and provide corrective feedback and encouragement consistent with course materials.
- Demonstrate proficiency in how to use all course materials including the instructor's manual, course presentation, skill sheets, and scenario materials.
- Explain how to plan, organize and conduct review and challenge courses for the Basic Life Support for Healthcare Providers program.
- Explain procedures for reporting course completion and awarding certificates.

Course Length

The online introduction that provides an introduction to the Red Cross, an overview of the BLS program and materials, a review of teaching strategies and techniques, and a review of instructor responsibilities and requirements is approximately 2 hours.

The precourse skills assessment that requires instructor candidates to demonstrate proficiency in CPR and AED skills during adult and infant emergency response scenarios is approximately 1 hour.

The in-person session featuring lecture, demonstration, activities, skill practice, and practice-teaching assignments is approximately 14 hours, 5 minutes with an additional optional 60 minutes for workshops to prepare for practice-teaching assignments.

Instructors

Instructor Trainers must hold a Basic Life Support for Healthcare Providers Instructor Trainer certificate in order to teach the Basic Life Support for Healthcare Providers Instructor course.

Specific information on eligibility and instructions on how to receive a BLS Instructor Trainer certification can be found in the “Instructor Tools” area of Instructor’s Corner.

Certification

Instructor candidates who successfully complete the Basic Life Support for Healthcare Providers Instructor course will be issued a Basic Life Support for Healthcare Providers Instructor certification that is valid for two years.

Certification Requirements

In order to receive their instructor certification, instructor candidates must:

- Complete the online introduction to the Basic Life Support for Healthcare Providers Instructor course.
- Complete the precourse skills assessments including providing proof of the necessary prerequisites.
- Participate in all classroom activities including demonstrating proper basic life support skills during skills practice and practice-teaching assignments.
- Complete four practice-teaching assignments as assigned by the instructor trainer.
- Complete a 25-question written exam with a score of at least 80 percent.

Course Materials

All materials for the instructor course are available for free digital download or for purchase in print format on the Basic Life Support for Healthcare Providers Instructor Candidates page (instructorscorner.org/blscandidates):

- *Basic Life Support for Healthcare Providers Handbook* (RCO and IC)
- *Basic Life Support for Healthcare Providers Instructor’s Manual* (IC)
- Course Presentations for the Basic Life Support for Healthcare Providers program or the *Basic Life Support for Healthcare Providers DVD* (IC)